



Second Annual

Edmonton Columbians Track Classic

July 16-17, 2022

General Information

- Hosted by the Edmonton Columbians Track and Field Club
- Sanctioned by Athletics Alberta
- Location: Rollie Miles Athletic Park
10480 73 Avenue, Edmonton, AB
- Meet Inquiries: edmcolumbians@gmail.com
- Concession: Food Truck will be on site
 - Officials, Volunteers and Coaches will receive a complimentary lunch
- Washrooms: Located behind the bleachers
- First Aid: Located at the Registration tent

Entries

- All entries must be through the Trackie registration page
<http://www.trackiereg.com/2022-ectrackclassic>
- Eligibility
 - All Alberta Athletes entering must be registered members of Athletics Alberta/Canada
- **Entry Deadline: 11:59 pm on Monday, July 11**
- Late Entry Deadline: 11:59 pm on Wednesday, July 13 (may be charged double)
- Scratch Deadline: 11:59 pm on Wednesday, July. No refunds after this date
- Meet schedule will be available on the Trackie registration page and on
 - Finalized schedule will be posted the late evening of July 14
- Live Meet Results can be found on www.ellistiming.ca

Entry Fees

Individual Events \$25

Multi-Events \$40

Events Offered

EVENT	MASTERS	OPEN	U18	U16	U14	U12	U10
100m	X	X	X	X			
300m				X			
400m	X	X	X				
800m	X	X	X	X			
1200m				X	X		
1500m	X	X	X				
LONG JUMP	X	X	X	X			
HIGH JUMP	X	X	X	X			
TRIPLE JUMP	X	X	X	X			
POLE VAULT	X	X	X	X			
SHOT PUT	X	X	X	X			
JAVELIN	X	X	X	X			
DISCUS	X	X	X	X			
MULTI EVENTS					X	X	X

Multiple Events for U10, U12, U14

AGE GROUP	SATURDAY	SUNDAY
U10	60m, Long Jump, Shot Put, 300m	150m, High Jump, Ball Throw, 600m
U12	60m, Long Jump, Shot Put, 300m	150m, High Jump, Ball Throw, 600m
U14	80m, High Jump, Discus, 300m	150m, Long Jump, Shot Put, 800m

Note: Events may not occur in this order

Modified rules for U10, U12 and U14 events:

- Each competitor will only receive 3 attempts for each field event
- U10/U12 Long Jump – competitors will have a 1 metre take-off area
- High Jump – three successive failures will eliminate the jumper from further competition. Starting height of 0.90m, increments of 10cm until a height of 1.20m, increments of 5cm thereafter
- Athletes that miss an event will be allowed to continue in the competition
- Scores will be kept for each event: 1st=10 points, 2nd=9 points, etc. Tenth and below=1 point
- Medals will be awarded for 1st-3rd athlete with top overall points each day

Event Specifications

All specifications will follow Athletics Alberta Outdoor Specifications:

<https://athleticsalberta.com/wp-content/uploads/2021/05/AA-Outdoor-specs-2018.pdf>

General Rules

1. Competition Numbers:

- a. Numbers must be worn on back for events run entirely in lanes (60m-400m).
- b. Athletes in field events must wear number on front.
- c. Numbers must be worn on the front for all track events not finishing in lanes
- d. For U10, U12 and U14 athletes: competition numbers must be worn on the front for all events.
- e. Hip numbers must be clearly visible on the athletes' right side hip. Ensure that singlets/uniforms are tucked in so that hip numbers are visible for photo timing purposes.

2. Spikes are to be no longer than 7mm in length. Only Pins, Needles or pyramid type spikes will be allowed. No Christmas trees spikes will be permitted

3. All seed times must be accurate; all non-verified seed times will be given a NT (no time).

4. All track event athletes are required to check in at the Marshalling Table at least 20 minutes prior to the scheduled event start time. When checking in, please have your number on and your spikes available to verify spike length. Report to the start line marshal 10 minutes before scheduled start time at their event's start line.

5. Field event athletes will marshal at the event competition area, and are requested to be at the competition area 20 minutes before the scheduled start time of the event.

6. Starting blocks will be used for all athletes U16 and up. Starting blocks are optional for Masters. Starting blocks will not be used for U10/U12/U14 events.

7. Throwing implements will be provided. No personal implements will be permitted unless by approval of officials at the event. Pole Vaulters must provide personal poles.

8. Scratches during the competition are to be submitted at the registration area, near the finish line.

9. Athletes competing in heats who do not intend to compete in the final must inform the Results Desk before the heats. Such athletes will be marked as exhibition, thus allowing someone else to advance to the final. Otherwise, IAAF Rule 142.4 will be applied (i.e.: the athlete may be disqualified from participating in the rest of the meet).

10. Restricted access to field for coaches, athletes (with their numbers), officials, and volunteers only. Spectators are not to be present on the infield anywhere.

12. Breaking Record: If you break a provincial record, paperwork must be submitted at the meet so the appropriate individuals and paperwork can be processed in a timely manner. Athletes expecting to break a record and requiring a special form should bring the form to the meet (various factors, like Internet access outages, have been known to prevent the Results team from printing a needed form).