

Dallas

- 10 years coaching Tyke through to Masters across various events
- NCCP Sport Coach Trained
- NCCP Club Coach Trained
- Four years coaching with Spruce Grove Composite High School was the most successful in school history. First year sent three athletes to High School Provincials; following years sent school record totals of eight – nine athletes. Two Edmonton Zone records were broken (Intermediate Women's Javelin, 38.84m and Senior Women's Long Jump, 5.54m) and seven Provincial Champions. A group of young women repeated as City Champions from Grade 10 to 12 against the strong Scona team that hadn't lost in 20 years. The same group of girls scored higher than any other school at Provincials in their Senior year.
- Athletic accomplishments
 - has been competing in Track and Field since Bantam Second Year, the year he broke the Provincial record in a Combined Event (60m Hurdles:10.39sec, Long Jump:4.86m, Shot Put:9.44m, High Jump:1.57m).
 - focussed on Combined Events, trying to master the technical aspect of every event.
- Now he passes that pursuit of mastery onto his athletes
 - Aaron Marcynuk has the Provincial records in the Pentathlon for Midget First and Second year and Youth First year. As a second-year Midget, he was National Champion in the Pentathlon and 100m Hurdles, breaking the Canadian record in the Hurdles (13.48 sec).
 - Tristan Sinnatamby won a Bronze Medal in the 200m Hurdles at the same meet as Aaron and set the fifth highest ever Pentathlon score for Midget Women in Alberta at an earlier meet.
- Edmonton Colombians have steadily been an increasing presence in the Field, Hurdle and Combined Events. With a constant flow of younger athletes coming up through the Midget and older age groups into National rankings, Dallas looks forward to producing more great athletes with a focus on "personal bests first".